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Exercise physiology : energy, nutrition, and human ...

Editions for Exercise Physiology: Energy, Nutrition, and Human Performance: 0781752701 (Hardcover published in 2004), 1451191553 (Hardcover published in ...

Editions of Exercise Physiology: Energy, Nutrition, and ...

A useful item is a list of the most frequently cited journals in exercise physiology. The stated primary goal is to integrate basic concepts and relevant scientific information to provide the foundation for understanding nutrition, energy transfer and exercise and training. The authors have succeeded admirably.

Exercise Physiology: Energy, nutrition and human ...

This textbook provides coverage of exercise physiology concepts integrated with relevant scientific information. A basic foundation to understand nutrition, energy transfer and exercise training, it unites the topics of physical conditioning, sports nutrition, body composition, weight control and more.

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Exercise Physiology - Lippincott Williams & Wilkins

Exercise Physiology and Nutrition The exercise physiology and nutrition program allows students to focus on understanding the determinants of physical activity and energy expenditure, adaptations to exercise that impact human work performance and disease risk, and exercise metabolism and nutrition.

Exercise Physiology and Nutrition - Health and Human ...

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