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Sommers and Satel

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show great courage in  
challenging some of  
the sacred texts of  
therapy. They do an  
especially effective job  
in dismantling the  
myths of Grief  
Counselors and critical  
incident debriefings as  
being essential to  
'recovery' from  
traumatic events.

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Therapy How The  
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By Christina Hoff  
Sommers and Sally  
Satel. 310 pp. St.

Martin's Press. \$23.95.  
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gauntlet-throwing  
assessment of the  
culture of  
therapy. Sommers has  
made a career out of  
slaying sacred cows,  
trashing second-wave  
feminism, and arguing  
that boys get the short  
end of the stick in ...

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*Page 10/24*

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## **Therapy: How the Helping Culture Is**

The now ubiquitous emotional response and the transfer of "pathos to pathology" according to the authors of One Nation Under Therapy is seen to be prevalent in the U.S. mental health and legal systems and the media. In the thesis this response is compared to the ever-elongating saber-toothed tiger's incisors.

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ambiguous, multicentered, saturated, or in "One Nation Under Therapy describes the other words, increasingly less coherent incursion of therapism and the growing role of and less and less determined by the helping professionals in our daily lives" (p. 9).

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Therapy. 1 The Myth of  
the Fragile Child In  
2001, the Girl Scouts of  
America introduced a  
"Stress Less Badge" for  
girls aged eight to  
eleven. It featured an  
embroidered hammock  
suspended from two...

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**Therapy | Christina  
Hoff Sommers |  
Macmillan**

One Nation Under  
Therapy is a salutary  
book, one that not only  
provides convincing  
evidence of the harm  
done by therapism but  
also reminds us of the  
appropriateness—inde  
ed, the necessity—of  
indignation and  
ensoriousness in the  
face of destructive  
behavior.

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**One Nation Under  
Therapy by Christina  
Hoff Sommers and**

...  
Sally Satel and  
Christina Hoff Sommers  
talked about their book  
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Therapy: How the  
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Eroding Self-Reliance,  
published by St.  
Martin's Press.They  
talked about the ...

**[One Nation Under  
Therapy] | C-**

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**SPAN.org**

Americans have traditionally placed great value on self-reliance and fortitude. In recent decades, however, we have seen the rise of a therapeutic ethic that views Americans as emotionally underdeveloped, psychically frail, and requiring the ministrations of mental health professionals to cope with life's



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vicissitudes.  
Helping Culture Is  
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Therapy by Christina  
Hoff Sommers ...**

Help is offered everywhere under the presumption that we need it: in children's classrooms, the workplace, churches, courtrooms, the media, the military. But with all the "help" comes a host of troubling consequences, including:

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Books**

Christina Hoff Sommers  
is a resident scholar at  
the American  
Enterprise Institute  
(AEI), where she  
studies the politics of  
gender and feminism,  
as well as free  
expression, due  
process, and the ...

**Christina Hoff  
Sommers | American**  
*Page 18/24*

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## **Enterprise Institute - AEI**

Part of her and Satel's take now on the culture of therapy is historical. If "therapism"—a phrase the authors borrow from British satirist Fay Weldon—gained ascendancy in the age of tell-all talk shows, it still isn't wholly new, with roots lying in the work of Abraham Maslow and Carl Rogers.

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**ONE NATION UNDER  
THERAPY** by  
**Christina Hoff  
Sommers , Sally ...**

Catchy though the title is, One Nation Under Therapy suggests that the United States is at the center of this therapy culture--also not entirely correct. Great Britain virtually launched the therapeutic approach to parenting and schooling in America

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with the publication,...

## Therapy How The Helping Culture Is

**One Nation Under  
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Helping Culture is ...**

One nation under  
therapy : how the  
helping culture is  
eroding self-reliance by  
Christina Hoff

Sommers, Sally Satel,  
March 10, 2005, St.  
Martin's Press edition,  
Hardcover in English

**One Nation Under  
Therapy (March 10,**

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**2005 edition) | Open**

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Under Therapy: How  
the Helping Culture Is  
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## **One Nation Under Therapy: How the Helping Culture Is ...**

Drawing on established science and common sense, the authors reveal how "therapism" and the burgeoning trauma industry have come to pervade our lives. Topical, provocative, and wryly amusing, *One Nation*

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under Therapy  
demonstrates that  
"talking about"  
problems is no  
substitute for  
confronting them.

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